

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Monday 06 Mar 2023 until 23:59 on Tuesday 07 Mar 2023

Forecast Issued on Monday 06 Mar 2023 at 02:22 by Met Office Aberdeen

Confidence: High confidence for a very cold, mostly dry first half of the week. Confidence falling Thursday, becoming very low Friday.

Headline for Monday 06 Mar 2023: Mostly dry with sunny spells, but bitterly cold in the wind.

Mountain weather hazards on Monday 06 Mar 2023

Blizzards

No Likelihood

Heavy persistent snow

No Likelihood

Storm force winds

No Likelihood

Gales

No Likelihood

Severe chill effect

High Likelihood

Poor visibility

No Likelihood

Thunderstorms

No Likelihood

Heavy persistent rain

No Likelihood

Strong sunlight

Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
					
Light snow	Cloudy	Light snow	Light snow showers	Light snow showers (night)	Clear night
Precipitation probability					
30%	<05%	10%	10%	10%	<05%

Forecast for Monday 06 Mar 2023

Weather: Low cloud with some patchy light snow in the early hours. Dry soon after dawn with cloud lifting and breaking to give a largely dry day with good sunny spells. A few isolated snow showers possible, mainly in the afternoon. Clear skies in the evening. Bitterly cold.

Chance of cloud-free hill tops above 800m: 30% early morning, soon improving to 90%.

Low Cloud and visibility: Excellent visibility. Some patchy cloud above 700-800m around dawn, lifting above the summits by mid-morning.

Forecast for Monday 06 Mar 2023

Height (m)	Wind Speed mean/gusts (mph)				Wind Direction (blowing from)		
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	33/39 N	34/42 N	24/32 N	23/30 N	21/27 NE	23/29 NE	18/23 N
900	22/27 N	23/28 N	19/26 N	18/24 N	14/19 NE	15/20 NE	10/14 N
600	23/27 N	24/30 N	19/25 N	18/24 N	15/20 NE	14/19 NE	8/12 N
300	12/17 NW	15/19 N	14/21 N	14/22 N	10/15 N	9/14 N	6/9 N
Glen	8/20 NW	8/16 N	11/21 N	12/23 N	6/13 NE	3/9 N	4/8 NW

Height (m)	Temperature / Feels Like (°C)						
1300	-7/-18	-9/-21	-9/-19	-9/-19	-10/-19	-11/-21	-11/-20
900	-4/-12	-6/-14	-5/-13	-5/-13	-7/-14	-8/-15	-8/-15
600	-2/-9	-3/-12	-3/-10	-3/-10	-4/-11	-5/-12	-6/-11
300	1/-4	-0/-6	0/-5	0/-6	-2/-6	-3/-7	-4/-7
Glen	2/-1	2/-1	4/-0	3/-1	1/-2	-1/-3	-2/-4
Freezing Level*	200m	00m	00m	00m	00m	00m	00m

*Level above which ground is expected to be frozen/snow is expected to settle.

Met Office Aberdeen Meteorologist's View

Strong sun glare off remaining snow pack. Feeling bitterly cold, especially in any wind.

Forecast for Tuesday 07 Mar 2023

Weather: Bitterly cold with clear skies in the early hours. Then a largely dry sunny day, but cold with even light winds giving a significant chill. Just the outside chance of a snow shower on coastal hills. Very cold with clear skies overnight.

Maximum wind: North 20 mph, becoming Northwest and easing to 10-15 mph in the afternoon.

Chance of cloud-free hill tops above 800m: 90%.

Low Cloud and visibility: Excellent visibility, little if any cloud on the hills.

Temperature: **Glens:** Minus 4 Celsius rising to zero Celsius.
At 800m: Minus 7 Celsius rising to minus 4 Celsius.
Freezing level: Sea level.